

Using Telegram



1. Download the [telegram app](#).

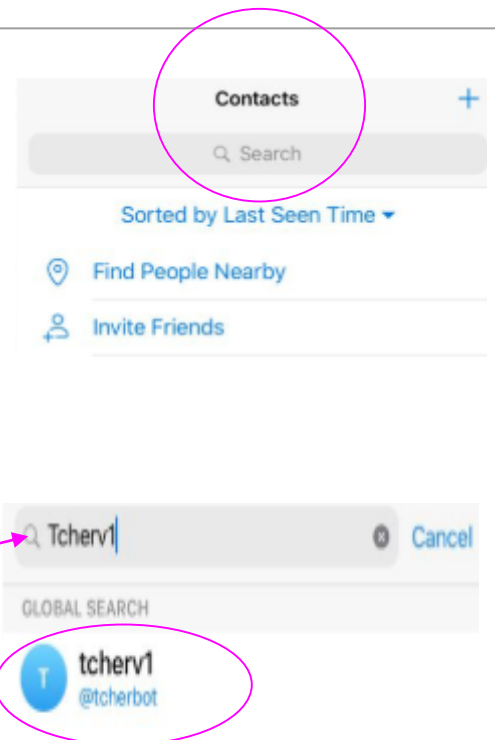


Here is how we can send messages or call our child's FT:

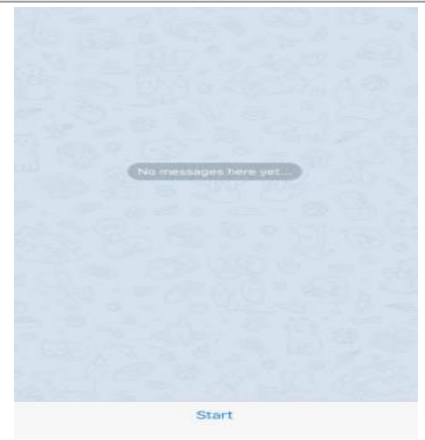
2. Go to search bar above

Enter the **username** which the FTs have shared with you in PG.

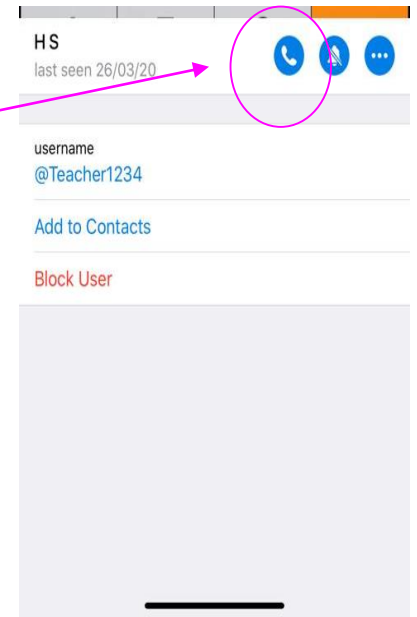
Select the user.



3. Select 'Start' to message your child's FT.



4. Tap *Call* to make a phone call to your child's FT



5. Please ensure that your Telegram setting allows 'Everybody' to make voice calls, or else the FTs would not be able to call you to inform you of urgent updates.

